

September is Aspartame Awareness Month: Plus the John McCain brain tumor issue

Today with sugar taxes and people believing the obesity epidemic is only due to this, manufacturers are substituting sugar for aspartame. While its true some overuse sugar a definite obesity epidemic is caused by aspartame. It was known from the beginning when the soda pop companies (NSDA, now American Beverage) protested using Dr. Richard Wurtman's affidavit stating aspartame causes you to crave carbohydrates so you have a diet product causing you to gain weight. <https://rense.com/general96/pepsi.htm>

Here is the Aspartame Resource Guide which discusses the main sweeteners being used: http://www.mpwhi.com/aspartame_resource_guide_list.htm If someone needs a sweetener there is a safe one called "Just Like Sugar", www.justlikesugar.com It's made from organic food, chicory and orange peel.

For years we've tried to get aspartame banned. Dr. Woodrow Monte took the issue of aspartame and seizures and blindness all the way to the Supreme Court even though they wouldn't hear it. This is the power of industry we fight. 12 toxicologists also asked the FDA to ban it because it causes cancer. Dr. Ken Stoller and myself have tried to get it banned as well as others.

I have recently again demanded aspartame be banned. Here is that petition telling the whole story of what has become known as Rumsfeld's Plague. http://www.mpwhi.com/final_petition_to_ban_aspartame.pdf

Especially in September we are asking that everyone write their senator and congressman to do whatever is necessary to get aspartame banned. It won't work unless at least hundreds write and do their part to insist something be done. Remember aspartame is in drugs and the FDA had the audacity to allow it in 17 dairy products without labeling. Innocent victims are having a hard time avoiding the poison and even when I was in the hospital it was given to me and I stopped breathing three times. It interacts fiercely with pain medication. With regard to the opioid epidemic this could be the reason there are so many deaths. If someone is using aspartame and uses pain medication it can interact. Remember that aspartame causes sudden cardiac death:

http://www.mpwhi.com/aspartame_and_sudden_death.htm Because of what happened to me Mission Possible now provides a hospital form with the chapter on aspartame and drug interaction from the medical text, "Aspartame Disease: An Ignored Epidemic" by H. J. Roberts, M.D. Here is a link to it and never go to the hospital without it: http://www.mpwhi.com/aspartame_hospital_form.htm Cheryl Kempner who is in the documentary: "Sweet Misery: A Poisoned World" is a prime example of what can happen. She did everything right. She told the hospital she was allergic to aspartame and given a hand band "no aspartame". Yet even with this she was given Crystal Lite with aspartame and became a code blue. They had to resuscitate her to save her life. Don't let it happen to you by using the form so they can't say they didn't know. Aspartame causes

chemical hypersensitization because is so poisonous. No doubt that's the reason epi-pens are so high. Also now becoming unavailable. An article came out just today:

https://www.myajc.com/blog/talk-town/georgia-parents-want-more-action-epipen-shortage/iotSCTbbR7Pz0piE9p79FL/?utm_source=newspaper&utm_medium=email&utm_campaign=5702274&ecmp=newspaper_email&

Aspartame victims carry them in case they accidently get aspartame and go into anaphylactic shock.

The facts on aspartame are long and detailed, so I've made it easy for anyone to write Congress. Here is a copy of my letter to the Georgia Senator, Johnny Isakson: http://www.mpwhi.com/letter_to_the_honorable_senator_johnny_isakson.pdf This goes into all the details with confirmation. All you have to do is write and say "See attached letter to Senator Johnny Isakson enclosed on the facts on aspartame. I'm writing to ask for your help in getting this chemical poison banned," Or having the facts at hand you can write your own letter. You can even enclose the petition to ban above.

It's hard to avoid so writing your letter can help in warning your family and friends. Lane Shore, Mission Possible Chicago, told me recently he has lost 22 members of his family from aspartame. I almost lost my own brother because he was highly addicted. It just happened he was in a hospital in Oregon where Dr. James Bowen lives, and he personally went to the ER and told the doctors aspartame was killing him. Dr. Bowen is also in "Sweet Misery" and has Lou Gehrigs because of this toxin. . He wrote the FDA years ago telling them aspartame was mass poisoning.

http://www.wnho.net/letter_to_senator_goyp_concerning_aspartame.htm Dr. Bowen says it comes under the criminal code of Title 18, Chapter 50A. See 1091-3. Genocide! <https://rense.com/general/asp.htm>

At the time of the investigation of aspartame Dr. Jacqueline Verrett was a toxicologist at the FDA. She testified before Congress in 1987. Even though this was 6 years after Rumsfeld forced approval she tells the Senate it still has never been proven safe.

<https://www.nal.usda.gov/exhibits/speccoll/items/show/3899>

Regarding Senator John McCain

Because it is well known today aspartame causes malignant brain tumors several have asked if Senator John McCain used it. He died of a glioblastoma. Aspartame in original studies produced astrocytomas and malignant brain tumors. A four stage astrocytoma is a glioblastoma.

Unfortunately a lot of politicians use this toxin. Even the President of the United States, Donald Trump, was said to use 12 Diet Cokes a day by the New York Times. It was Hillary Clinton's favorite drink and accounts for her medical problems which are well known aspartame problems.

In an article published by the National Health Federation, "No Safe Dose of Aspartame" - https://thenhf.com/wp-content/uploads/2018/06/HFN_2012-2.pdf you will notice even

the FDA (Top scientist in the investigation of aspartame, Dr. Adrian Gross) admitted aspartame was on the market illegally because it caused brain tumors and brain cancer. As to violating the law he said, "And if the FDA violates its own laws who is left to protect the public?" He was writing about the Delaney Amendment which forbids using anything you know will cause cancer.

The FDA Board of Inquiry revoked the petition for approval based on the fact aspartame could not be proven safe and caused brain tumors. The molecule breaks down to diketopiperazine, the brain tumor agent. Donald Rumsfeld is responsible for this chemical poison being marketed for human consumption with the help of President Ronald Reagan who wrote an executive order which forbid the Board of Inquiry from signing the revoked petition into law. He also fired the FDA Commissioner, Dr. Jere Goyan. He is dead now but his wife told me Dr. Goyan would have never allowed aspartame to be approved. Here is a letter Mrs. Goyan wrote me for confirmation.

http://www.mpwhi.com/letter_about_jere_goyan.pdf

November 13, 2007

"Dr. Martini,

Jere E. Goyan, Ph.D., who was Commissioner of the FDA in 1980, was at my condominium in Novato, California when he received the call from the Reagan transition team. My recollection is that it was 3 AM and the woman's name was Mary Francis Wright. Dr. Goyan told me that she told him that his services were no longer needed and that he needed to have his letter of resignation to Mr. Reagan on Inauguration day. He said that he was also told to vacate his office before the Inauguration as that Mr. Reagan wanted to make it clear that there was going to be changes.

Mark Novitvh, MD, was appointed acting Commissioner and Dr. Goyan was to stay for a month to help with the transition. He later told me that he was never consulted about anything after Inauguration day. I have heard from various sources that Rumsfeld was quoted as saying that "Goyan must go". I have also heard that the reason that Dr. Goyan became the first Commissioner to be fired at the change of an administration is that Rumsfeld was concerned that he would not approve aspartame because of his position on cyclamate. I have heard that there was an executive order from the White House concerning aspartame after Dr. Goyan resigned. I have no direct knowledge about the Rumsfeld quote or concern or the executive order.

I married Dr. Goyan in 1988 and he passed away January 2007. Sincerely, Linda L. Hart, Pharm. D "

Someone who was interested in finding out whether John McCain used aspartame wrote:

Hi Betty - I just found this Newsweek story about John McCain campaigning in snowy New Hampshire in a plush motor home that included Diet Coke in the refrigerator:

<https://www.newsweek.com/mccain-rolls-through-new-hampshire-snow-be-damned->

[95777](#)

Later he wrote: Hi Betty - ..." In my web searches I found out that John McCain's daughter also drank Diet Coke. Sad. Praying for all of the folks addicted to Aspartame. All the best, Larry "

Dr. H. J. Roberts who wrote "Aspartame Disease: An Ignored Epidemic" , www.amazon.com often discussed that if one person in the family uses aspartame usually other members will use it also.

As an example, Michael Douglas uses diet drinks and had throat cancer. His wife suffers from bipolar or manic depression which is a big time problem with aspartame because of the depletion of serotonin. I sent them a packet of information to their home in New York.

Hopefully if someone knows McCain's daughter they will pass on this information to prevent another brain tumor or some of the other gruesome diseases triggered or precipitated by the chemical poison and carcinogen aspartame.

In the November 1996 issue of the Journal of Neuropathology and Experimental Neurology, John Olney, MD and his colleagues Nuri Farber, M.D., Edward Spitznagel, Ph.D. and Lee Robins, Ph.D. all from Washington University in St. Louis, reported that brain tumor rates had risen in the US over the past 17 years. Dr. Olney and Attorney James Turner tried to prevent approval of aspartame. In the documentary, "Sweet Misery: A Poisoned World" https://www.youtube.com/watch?v=ZI7_8FDzuJE Mr. Turner discusses how Donald Rumsfeld got aspartame approved.

Here are a few further remarks in this article on aspartame and malignant brain cancer.

"He did, however, find two studies revealing an exceptionally high incidence of malignant brain tumors in aspartame-fed rats, and FDA Commissioner Donald Kennedy granted Olney's request that the brain tumor evidence be evaluated at the PBOI, which was held in 1980.

"At the PBOI, Olney and other scientists argued that further studies must be done to rule out a brain tumor risk. "We have particularly concerned that aspartame might react in the stomach with nitrites present in foods and be converted to a nitrosated molecule" he recalls. "We were aware of published studies showing that certain nitrosated molecules can enter the central nervous system and cause brain tumors in laboratory animals. These studies showed that brain tumors develop fairly rapidly following exposure of an adult animal to the nitrosated molecules or after a long delay interval if a fetus is exposed during pregnancy."

"The PBOI panel of neuropathology experts appointed by the FDA to judge the brain tumor evidence unanimously concluded that aspartame should not be approved until

extensive additional animal tests had ruled out the brain tumor risk. In addition, Olney says, three top FDA science advisors reviewed the brain tumor evidence and agreed with the PBOI panel of neuropathology experts.

"In 1981, however, a newly appointed FDA Commissioner, Arthur Hull Hayes, approved aspartame without requiring further studies. In his judgment, the available data established with reasonable certainty that aspartame does not cause brain tumors in laboratory rats.

"In 1993, Swiss scientist S. E. Shephard exposed aspartame to nitrite in a test tube, causing it to undergo nitrosation as it might do when it encountered nitrite in the stomach. Shephard then demonstrated that the nitrosated aspartame molecule is able to cause mutations in cultured bacteria. This is a test commonly used to assess the cancer causing potential of chemicals.

"According to the Washington University researchers, three types of evidence are usually gathered to assess a substance's cancer causing potential: (1) Can the substance cause mutations? (2) Is there an abnormally high incidence of specific types of cancer in animals that are exposed chronically to the agent? (3) Is there an increased incidence of the same kind of cancer in human populations exposed chronically to the agent?

"While it looks as if our new study and the prior evidence answer all three questions in the affirmative," Olney emphasized that further studies are needed. "A major problem is that early animal feeding studies showing an apparent brain tumor risk are contradictory and difficult to interpret. More reliable animal feeding studies are needed. In addition, studies are needed to clarify the significance of the mutation causing potential of aspartame. The chemical reactions that aspartame can undergo in the body and the effects of the resulting potential of aspartame. The chemical reactions that aspartame can undergo products on the brain need to be determined."

"Studies of brain tumor rates before and after the introduction of aspartame in other countries also are needed" Olney says. "Upward trends in deaths from brain tumors have been detected in the United Kingdom, France, Germany and Italy. These trends must be carefully analyzed in relation to aspartame consumption." ...

Dr. John Olney who founded the field of neuroscience called excitotoxicity has now passed on. Dr. Russell Blaylock wrote the book on it, "Excitotoxins: The Taste That Kills". Finally Dr. Peter Nunn did a study at Kings College in England. Monsanto vehemently denied it could cause brain tumors because aspartame doesn't get in the blood which, of course, it does. I answered Monsanto proving they were wrong in this article. http://www.wnho.net/answering_monsantos_denial.htm

It's of interest that the safe food people in Japan sent my article to Ajinomoto who owned the company at the time and they said they were not going to answer it. Obviously they couldn't.

So what happened with the study at Kings College by neurochemist Dr. Peter Nunn and Geoffrey Pilkington. The last information I obtained on the study was this statement: "When we exposed human brain tumor cells to nitrosated DKP the cells became more motile and their rate of proliferation was significantly elevated. While it is somewhat early to speculate, it is possible that the aspartame breakdown product may be capable of enhancing the rate of malignant progression of pre-existing (and possibly clinically silent, undiagnosed) tumours in the brain."

This agrees with Dr. John Olney.

In 1996 Dr. John Olney made world news over the Aspartame brain tumor association. Increasing Brain Tumor Rates: Is There a Link to Aspartame? J. Neuropath Exp Neurol, Vol 55, Nov & Dec issues. Dr. Olney discusses the aspartame molecule acquires mutagenic activity when nitrosated and this provides a clue to a possible mechanism by which aspartame could cause brain tumors. He says: "Nitrosation of aspartame or its diketopiperazine breakdown product could result in a nitrosourea-like molecule, and nitrosoureas are THE MOST EFFECTIVE AGENTS KNOWN for producing MALIGNANT BRAIN TUMORS in experimental animals. Some nitrosoureas have broad spectrum carcinogenicity and can induce cancer in both the CNS and several other organs, but other members of this family, particularly alkylated nitrosoureas are organo-specific for the CNS. These agents can act by a direct and relatively rapid mechanism to induce brain tumors, when administered systemically to adult rats. In addition, they are particularly potent in acting by a delayed mechanism involving in utero exposure of the fetus and resulting in a high incidence of malignant brain tumors which do not manifest until adulthood. The malignant tumors induced by either the direct or delayed mechanism are not typically of the childhood type (i.e. medulloblastoma) but rather are predominantly adult tumors (e. g. astrocytomas, glioblastomas, mixed gliomas, oligodendrogliomas). Thus, it may be significant that the recent surge in human brain tumor rates involved these various adult types of tumors, whereas childhood medulloblastoma was the singular tumor type that showed no increase."

An informant in England told me Monsanto people were at Kings College desperate to find what was going on in the study. Knowing that the study was beginning to show the same findings as Dr. Olney discovered I wondered how they would stop the results of the study from getting to the public. This is a study the world was looking to find out if again like in original studies aspartame is responsible for the increase in brain tumors. It should have been peer reviewed and on the front page of newspapers. Instead it was never published and there have never been any comments from Dr. Peter Nunn. The aspartame industry had to have something to tell the public who would wonder why it wasn't published, and they made some statement saying something about not appearing to interact with cellular macromolecules or cause DNA damage.

In reality aspartame does cause DNA damage and this was proven by Dr/ M. Alemany who did the Trocho Study.

[Formaldehyde Derived From Dietary Aspartame Binds To Tissue In Vivo](#) In reading the study also notice that aspartame embalms living tissue. In a book by Dr. Woodrow

Monte, "While Science Sleeps: A Sweetener Kills", www.whilesciencesleeps.com it explains the formaldehyde turns the tissues to plastic. He also has a whole chapter on aspartame and cancer. Incredible medical text which really exposes the deadly methanol.

In original studies G. D. Searle got caught with their pants down when they started excising brain tumors from the rats, putting them back in the study and then resurrecting them on paper. This is just one of the reasons the FDA tried to have the manufacturer indicted for fraud. Both U.S. Prosecutors hired on with the defense team and the statute of limitations expired. The aspartame industry has for years released nothing but propaganda so that even physicians have no idea that aspartame which is a neurotoxic drug rather than additive interacts with drugs and vaccines.

Dr. H. J. Roberts wrote In the Journal of Advancement in Medicine, Volume 4, Number 4, Winter 1991, Does Aspartame cause Human Brain Cancer Dr. H. J. Roberts said:

"The increasing frequency of primary brain lymphoma of B cell derivation - including reticulum cell sarcoma, microglioma and histiocytic lymphoma - also requires explanation because this subset was previously rare. Eby et al all reported a nearly threefold rise in its incidence among immunologically normal persons in the 1982-184 SEER data, which they could not explain..."

Dr. Roberts also said that "Hockberg and Miller reported a tripling of incidence of this tumor in non-immunosuppressed persons during the 5 year interval between 1980 and 1984."

It was Dr. H. J. Roberts who wrote the 1000 page medical text: "Aspartame Disease: An Ignored Epidemic" www.mpwhi.com but he wrote it in 2001 before the Renowned Ramazzini Institute did three studies showing aspartame to be a multipotential carcinogen, and before Harvard did a study showing the link to cancer saying theirs was the longest and strongest. FDA as usual ignored them all.

Here is Dr. Roberts entire chapter on aspartame and cancer which does go into the brain tumor issue: http://www.mpwhi.com/tumors_and_cancer.pdf He died before adding new studies on cancer and the many other studies since that have shown death dealing problems like dementia.

Dr. Morando Soffritti published a 500 page book on artificial sweeteners (Springer Verlag) and here is his chapter on aspartame and cancer.

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Dr. Russell Blaylock, author of "Excitotoxins: The Taste That Kills" has written in depth on the aspartame brain tumors, www.russellblaylockmd.com

He was writing about how more sensitive humans are than animals when it comes to aspartame and said:

" Humans are five times more sensitive to this toxin (called an excitotoxin) than are mice, the animals used in the original study.

"We are also 20 times more sensitive than the rhesus monkey. In addition, the original study done by the maker of aspartame found that feeding the product to test animals in doses approximating human consumption produced a 47-times increase in brain tumors as well as tumors in multiple organs. And newborns are 4 times more sensitive than adults.

"A repeat study found that the tumor-causing chemical was a metabolic breakdown product of aspartame called diketopiperazine (DKP). Aspartame quickly breaks down into this tumor-causing product and by one week very high levels are seen. The makers of diet colas know this, and this is why they began to date the drinks. It is not a freshness issue; it is a toxin issue.

"The newborn child is especially vulnerable to this cancer-causing product."

Since September is Aspartame Awareness Month it is hoped that we can save a lot of lives by forwarding articles, and at this time more than ever. Proposition 65 is investigating aspartame for being a carcinogen and I spoke in Sacramento about the issue: The article "Eat, Drink and Be Buried" was published by the National Health Federation: https://www.opednews.com/articles/Eat-Drink-and-be-Buried-by-Stephen-Fox-Aspartame-Carcinogen_Betty-Martini_Brain-Tumors-Caused-By-Ajinomoto-Aspartame_California-Proposition-65-170106-144.html

Industry will stoop to unbelievable depths to hide the fact that aspartame is a carcinogen and illegally on the market causing disability and death around the world. You can see from the comments of many renowned physicians and researchers and in their medical texts it has been established without a shadow of a doubt aspartame is a deadly carcinogen and the FDA was the first to admit it. When a lot of information became public about Prop 65 than you begin to see articles saying the cancer is an aspartame hoax. That is their modus operandi when they get exposed. When I lectured for the World Environmental Conference and Nancy Markle put her name on a paper I wrote, articles everywhere said it was a hoax even though I contacted publications and sent them my invitation to speak and a letter thanking me for speaking. Yet they held on to the lie for advertising purposes to protect the manufacturers. This is as late as about a year ago when Smithsonian on line wrote the lie. I wrote an article about Smithsonian being busted for OpEdNews.

In the case of aspartame and cancer the worst I've seen is a recent study created to convince the public that by drinking diet drinks with aspartame you would have less of a risk of recurrent colon cancer. Imagine someone with cancer reading that and not knowing aspartame is a multipotential carcinogen and actually using it because they had colon cancer! Dr. Ralph Walton wrote: " One of the breakdown products of aspartame is methanol, which in turn is broken down into formaldehyde, a known potent carcinogen. To conclude that diet soda is associated with a lower, rather than a higher incidence of cancer, suggests that one of the funding sources of the study could be the sweetener industry, which tragically appears to be the case."

This tells you how important it is to get information to the public at large. Dr. Walton is the physician who did the research for 60 Minutes showing that 92% of independent, scientific peer reviewed research shows the problems aspartame cause. He says if you eliminate 6 studies that the FDA had something to do with since they now protect the manufacturer, and one pro-industry summary 100% of independent studies show the problems. <http://www.lightenyourtoxicload.com/wp-content/uploads/2014/07/Dr-Walton-survey-of-aspartame-studies.pdf> Dr. Walton who is a psychiatrist also did a human study on aspartame.

<https://www.sciencedirect.com/science/article/pii/S0006322393902518> It had to be stopped when the administrator got a retinal detachment and lost the vision in one eye, someone else had conjunctival bleeding, and others said they were being poisoned. He and Dr. Woodrow Monte also have done a study on aspartame and autism.

The aspartame industry usually does a review or study when they get exposed that they finance or control. For instance, 6 class actions have been filed against the soda pop companies for deceptive advertising calling pop "diet" when aspartame causes you to crave carbohydrates and you gain weight. Some have lost their life in this belief. So as expected out comes a review saying aspartame doesn't cause obesity.

The aspartame industry doesn't care how many die. The only reason its still on the market is because of profit, addiction and greed.

Let's all write our senators and congressmen during September and ask that FDA ban aspartame. The FDA said in 2009 they were broken but somebody has to stop the mass poisoning of the public by aspartame. Exposing the brain tumor issue at this time might prevent others from dying from the same poison.

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More information on aspartame on www.wnho.net, www.holisticmed.com/aspartame, www.aspartamekills.com www.dorway.com was hacked but the information is now on www.mpwhi.com

Addendum: Before doing more research on Senator John McCain here is a short article on glioblastoma brain tumors. It now appears that he is a consumer of Diet Coke.

<https://rense.com/general96/glioblastoma-brain-tumors-and-aspartame.html>